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**MCIS Life-Malaysia Women Marathon Returns**

*1k fitness enthusiasts participate in the physical event after a two year hiatus*

**Petaling Jaya, 29<sup>th</sup> May 2022:** The MCIS Life-Malaysia Women Marathon 2022 (MCIS Life-MWM) today witnessed around 1,000 women and men enjoying the experience of an outdoor sporting event which made a successful comeback following a two year hiatus due to the pandemic.

Split into a series of 3 runs this year to mark the milestone of turning a decade old, the MCIS Life-MWM 2022 Petaling Jaya series' full and half marathon runs were flagged off this morning by Mr Ragnath Murthy, MCIS Life Chief Distribution and Marketing Officer, Madam Josephine Mary, National Olympic and Commonwealth Games Athlete and YB Jamaliah Jamaluddin, the State Assemblywoman for Bandar Utama, respectively.

This is the first competitive marathon with a cash prize to return post-pandemic and although the number of registrations were promising, it had to be capped by the organisers to a maximum of 1,000 participants due to post-Covid-19 safety measures.

"For the first time since the pandemic, we're hosting a physical sporting event in strict compliance to established SOPs. The turnout today shows that Malaysians are excited to pursue their fitness goals through events such as ours which allows them to push their physical endurance limits," said MCIS Life chief executive officer and managing director, Mr. Prasheem Seebran.

Tourism Selangor Chief Executive Officer Encik Azrul Shah Bin Mohamad said that they have been working with MWM for several years to promote Selangor to domestic and international tourists.

"Sports tourism is part of our focus in promoting domestic tourism and the MCIS Life-MWM event's theme is in line with our "Pusing Selangor" campaign where we encourage local tourists to explore interesting places in the state," he added.

To mark the 10th anniversary, this year's run for the first time allowed male participants to register for the event without the need to be pacers for women runners and the move resulted in an increased number of registrations for the half marathon (21km) and full marathon (42km) categories.

“This was a significant step in marking our decade old history because men play an equally important role in the area of gender equality and women’s empowerment,” said MWM founder and race director Madam Karen Loh.

“The goal of growing a community where women are equally empowered as men is a shared responsibility of all and we are certainly proud to be doing our part towards this global need,” concurred Loh and Prasheem jointly.

As the race concluded around 9am today, the following individuals emerged as the top winners:

- Champion of the Women Open, Women Vet and Men category of Full Marathon (42km) categories: Loh Chooi Fern, Ewe Bee Hong and Muhaizar Bin Mohamad respectively
- Champions of the half marathon (21km) of the Women Open, Women Vet and Men categories: Noor Amelia Bt Musa, Lee Siok Chin and Elvis Kyalo Kisavi.
- The champions of this series would be the first to represent Malaysia in the Sydney Marathon on 18 September at Hyde Park, Sydney, Australia

The Petaling Jaya series of the MCIS Life-MWM is a precursor to the next leg in Ipoh and Iskandar Puteri, Johor, which will be held in the third and fourth quarter of the year.

The event ended on a high note with a symbolic event flag being handed over to City Community Director of Ipoh City Council, Puan Normala Latiff by Mayor of Petaling Jaya, Tuan Mohamad Azhan Md Amir following the prize giving ceremony.

**- ENDS -**

**MCIS LIFE MALAYSIA WOMEN MARATHON 2022 (PETALING JAYA) WINNERS' LIST**

**Full Marathon (42km)**

	<b>Women's Open</b>	<b>Women's Vet</b>	<b>Men</b>
1	Loh Chooi Fern	Ewe Bee Hong	Muhaizar Bin Mohamad
2	Michele Tan Bee Kiang	Siaw Khim Tho	Arash Nasiri Eghbali
3	Ooi Mei Chee	Kartini Ahmad Kamal	Mohamad Affindi Bin Nudin
4	Aliah Binti Ismail	Debby Wong	
5	Nyeu Hooi Fang	Natasha Driga-Ferguson	

**Half Marathon**

	<b>Women's Open</b>	<b>Women's Vet</b>	<b>Men</b>
1	Noor Amelia Bt Musa	Lee Siok Chin	Elvis Kyalo Kisavi
2	Chua Khit Yeng	Alicia Toh Chia Yin	James Munyi Maregu
3	Chew Jia Qi	Rita Binti Gani	Nik Fakaruddin B Ismail
4	Tang Chai Ling	Joanne Grange	
5	Ong Sue Ming	Michelle Looi Mei Yan	

**10km Run**

	<b>Women's Open</b>	<b>Women's Vet</b>	<b>Men</b>
1	Rammiyah A/P Balasingam	Sea Hui Thin	Daren James Nair A/L Rodney James
2	Tan Li Jun	Rachel Pepper	Sivaneshwaran A/L Gunasegaran
3	Nurul Juliana Shakira Binti Abdul Halim	Noor Farina Rusdi	Muhamad Haziq Bin Hamzah

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MCIS Insurance Berhad (MCIS Life) is a pioneer life insurer in Malaysia since 1954, regulated by Bank Negara Malaysia, and a proud member of the Sanlam Group, one of the world's biggest internationally active insurance groups, since 2014.

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